

General Rehabilitation

Penn State Hershey brings dedicated focus and unparalleled level of care to individuals with neurological, neuromuscular, orthopaedic, and other physically challenging conditions.

Our interdisciplinary team assists patients in regaining strength, mobility, and function. Adaptive techniques and assistive devices are introduced as needed, along with strategies and training, to enable individuals to resume their daily activities safely and as independently as possible.



Additional Services and Resources

- Support groups
- Community reintegration
- Home evaluations
- Patient/family education
- Case Management
- Wheelchair evaluation program
- Outpatient rehabilitation referral service



Penn State Hershey Rehabilitation Hospital

Memorial Building
2nd Floor
2501 North Third Street
Harrisburg, PA 17110-2098

Direct Access

(717) 782-2730

Directions

(from Penn State Hershey Medical Center to Penn State Hershey Rehabilitation Hospital)

Head north toward University Drive. Make a slight right on University Drive. Turn left on U.S. 322. Take ramp onto Hersheypark Drive. Merge onto U.S. 322 West via the ramp toward Harrisburg. Take exit towards I-83 South. Keep left at the fork to continue toward I-83 South and merge onto I-83 South. Take exit 43 toward State Capitol/ Second Street. Take a slight left on South Second Street. Make a right on Seneca Street. Turn left at North Third Street.

Parking

Parking is available in front of the hospital. Enter from the memorial side of the building, proceed through the lobby, walk around the corner to the right, and take the elevator to the second floor.



Penn State Hershey Rehabilitation Hospital

A partnership between Penn State Hershey Health and Select Medical Corporation

Defining Medical Rehabilitation



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The Penn State Hershey Rehab Difference

Penn State Hershey Rehabilitation Hospital is committed to providing the region with accessible, high quality, and efficient care in a professional and compassionate environment. Our mission is to enhance quality of life, serve our community through improved health, and return patients to functioning at their highest level.

With a single focus of rehabilitation, we expertly address the comprehensive medical, physical, psychological, and emotional challenges of individuals with brain or spinal cord trauma, stroke, amputation, orthopaedic conditions, or neuromuscular disorders. Our physicians, nurses, therapists, case managers, and other rehabilitation professionals work as a team to help each individual achieve maximum results.

Together, Select Medical Corporation and Penn State Hershey Medical Center are nationally known for superb rehabilitation care. In fact, Kessler Institute, a Select Medical company, is recognized as one of the nation's best rehabilitation facilities in the country by *U.S. News and World Report*. Penn State Hershey Rehabilitation Hospital is recognized for providing excellent and responsive services for patients.

The Penn State Hershey Approach

As a rehabilitation hospital, Penn State Hershey provides the highest level of medical care to complement our patients' needs. We understand that each individual



has personal expectations, needs, and goals—and we tailor treatment to meet them. By combining proven therapies, leading-edge technology, and the latest research, we help our patients regain strength, restore function, and recover skills as quickly and effectively as possible.

Spinal Cord Injury Rehabilitation

Experience and expertise distinguish our spinal cord injury program. Our comprehensive program effectively and compassionately addresses the complexities of spinal cord injury with individualized care including:

- Interdisciplinary team approach
- Spasticity management
- Wheelchair evaluation
- Post-discharge referral service
- Case Management
- Spinal cord support groups
- Spinal cord mentor program referral
- Adaptive driving referral service

Brain Injury Rehabilitation

Because no two brain injuries are alike nor create the same difficulties, our brain injury program is customized to meet each individual's challenges—whether physical or functional limitations, cognitive impairments, or emotional or interpersonal difficulties.

Using a team approach, Penn State Hershey rehabilitation Hospital offers the following:

- Highly integrated treatment in a supportive and safe environment
- Early recovery and progressive care units
- Specialized vision services
- Speech and swallowing therapies
- Spasticity management

Stroke Rehabilitation

Studies show that early, specialized rehabilitation helps maximize recovery after stroke. At Penn State Hershey Rehabilitation, we provide the medical expertise, nursing care, and individualized therapy that support this early start. We optimize our patients' progress, enabling a timely and safe return home and increased independence and self-care. Patients benefit from the following services:

- Dedicated treatment and advanced therapies designed to restore mobility
- Speech and swallowing therapies
- Constraint-induced therapy
- Electrical stimulation
- Wheelchair management

Amputee Rehabilitation

People who have lost a limb face more than just physical recovery. That's why our specialized team of doctors, nurses, therapists, and ancillary professionals help patients to both regain mobility and deal with a range of complex psychological, emotional, and social issues. Our program strives to:

- Improve patients' strength, coordination, and endurance
- Teach proper wound care and limb management
- Orthotic and prosthetic pain control referral
- Wheelchair management

